



# AIFF GOLDEN BABY LEAGUES OPERATOR HANDBOOK 2020-21

A Player Development initiative by:



## PREFACE

The All India Football Federation (AIFF) is pleased to introduce the third edition of the Golden Baby Leagues for Season 2020-21. With the support of our various stakeholders in this project, Football has been able to reach more than 34000 children in various parts of the country last season. The kids of ages Under 6 to Under 12, which we believe form the Golden Age of Learning, have already begun their journey to become football players for life by learning through games, while having fun and making friends.

This Handbook is aimed for all stakeholders of Indian Football who want to engage the children through football and make a difference, be it clubs, academies, schools, non-government organizations, parents, coaches or football fans. Everyone! Anyone can organize the AIFF Golden Baby Leagues, anywhere in the country. The Leagues aim to bring Football right to the children's local communities irrespective of their gender, religion, economic background or ethnic origin.

Based on feedback from our League Operators, we have made the Guidelines even more flexible and easy to organise this season. A key aim is to provide a safe, fun and quality football experience and we hope that the Handbook helps you in creating such a playing environment for our children.

Your queries, feedback, and stories are valued and can be sent to [babyleagues@the-aiff.com](mailto:babyleagues@the-aiff.com).

We wish you all the best for the new season. Let's join hands in taking Indian Football forward together.

# TABLE OF CONTENT

- **Introduction**
- **Golden Baby Leagues Categories**
- **Match Formats**
  - Football
  - Futsal
- **Introduction to Beach Soccer**
- **Venue Organization on Match Days**
  - Pitch Organization
  - Pitch Guidelines
  - Medical Arrangements
- **Five Foundations for a Successful Day of Football**
- **Codes of Conduct**
  - The Children's Code
  - The Guardians' Code
  - The Referees' Code
- **District/City Championship**
- **League Operator Ranking**
- **Standards of Play - Football**
  - Modified Football Laws of the Game: 3v3
  - Modified Football Laws of the Game: 4v4
  - Modified Football Laws of the Game: 5v5
  - Modified Football Laws of the Game: 6v6
  - Modified Football Laws of the Game: 7v7 (GK)
  - Modified Football Laws of the Game: 8v8 (GK)
  - Modified Football Laws of the Game: 9v9 (GK)
- **Standards of Play - Futsal**
  - Modified Futsal Laws of the Game: 3v3
  - Modified Futsal Laws of the Game: 4v4
  - Modified Futsal Laws of the Game: 5v5 (GK)
- **Appendix A**
  - League Weightage points and comparison
  - Venue Assessment
- **Important Contacts**



# INTRODUCTION

The AIFF Golden Baby Leagues is a player development project initiated by the All India Football Federation for engagement of players aged Under 6 to Under 12. The project aims to provide a platform for playing football to every kid in the country. It's many objectives include:

- **Providing a game environment for kids**
- **Building block for youth football**
- **Developing a football culture**
- **Long term engagement and development of players**
- **Creating an environment of fun, learning and friendship**
- **Football for all**

This is achieved by recognizing and empowering individuals and organizations to conduct Golden Baby Leagues for kids in their communities and region with the support of the State Associations.

Applying to organise a Golden Baby League is fairly easy. The prospective League Operators can download the Golden Baby Leagues mobile application and apply for approval through the App. After approval from the State Association, the Operator can proceed to conduct the 'recognised' Golden Baby League according to the guidelines of this Handbook.

A group of children are playing football on a grassy field. In the foreground, a boy in a blue shirt and a bright green vest is about to kick a yellow and green football. Several other children in blue shirts and orange or red vests are running towards him. In the background, there are more children, some sitting on the grass, and two tall poles with red and yellow flags. The field is somewhat dry and has some scattered leaves.

## BENEFITS OF CONDUCTING THE GOLDEN BABY LEAGUES

- Easy to operate and organize
- Cost effective
- Provide age development appropriate games for children
- Attractive engagement model to attract kids, parents and coaches
- League management made easy through the App
- Requires basic infrastructure
- Can be conducted by any individual or organization
- Recognition from the State Association and All India Football Federation.

# GOLDEN BABY LEAGUES CATEGORIES



|                           | 1 STAR | 2 STARS | 3 STARS |
|---------------------------|--------|---------|---------|
| Age Categories            | 1      | 2       | 3       |
| Teams in an Age Group     | 8      | 8       | 8       |
| Minimum Number of Matches | 7      | 14      | 21      |



The League Operator can choose the category of Golden Baby League they would like to organise this Season. Their League will be recognised accordingly.

## **1 Star Golden Baby Leagues:**

Ideal for new Golden Baby League Operators

**2 Stars Golden Baby Leagues:** Ideal for experienced League Operators who can engage more age groups and children. AIFF Accredited Academies will be required to meet these criteria for Academy Accreditation points.

## **3 Stars Golden Baby Leagues:**

Ideal for Clubs and Academies who want to form a long term development pathway of home-grown players. ISL and I-League clubs will be required to meet these criteria for Club Licensing.

# MATCH FORMAT (FOOTBALL)

| Age Groups  | U6                                       | U7   | U8   | U9   | U10                                    | U11                             | U12  |  |
|---|--|--|--|--|--|---------------------------------|--|--|
| Gender preference                                 | Mixed                                    | Mixed  | Mixed  | Mixed                                      | Mixed                                  | Mixed                           | Mixed  |  |
| Age Criteria (born in)                            | 2015 or 2016                             | 2014 or 2015                                     | 2013 or 2014                                 | 2012 or 2013                               | 2011 or 2012                           | 2010 or 2011                    | 2009 or 2010   |  |
| Playing format                                    | 3 v 3<br>–<br>–<br>–<br>–<br>–<br>–<br>– | 3 v 3<br>4 v 4<br>5 v 5<br>–<br>–<br>–<br>–<br>– | –<br>4 v 4<br>5 v 5<br>–<br>–<br>–<br>–<br>– | –<br>4 v 4<br>5 v 5<br>6 v 6<br>7 v 7 (GK) | –<br>–<br>5 v 5<br>6 v 6<br>7 v 7 (GK) | –<br>–<br>–<br>–<br>–<br>–<br>– | –<br>–<br>–<br>–<br>7 v 7 (GK)<br>8 v 8 (GK)<br>9 v 9 (GK) | –<br>–<br>–<br>–<br>7 v 7 (GK)<br>8 v 8 (GK)<br>9 v 9 (GK) |
| Match time  | 4x6 min                                  | 2x12 min   | 2x12 min                                     | 2x20 min                                   | 2x20 min                               | 2x25 min                        | 2x25 min   |  |
| Half time   | 2 min                                    | 4 min  | 4 min  | 7 min                                      | 7 min                                  | 8 min                           | 8 min  |  |
| Football size                                     | 3 or 4                                   | 3 or 4   | 3 or 4                                       | 4  | 4                                      | 4 or 5                          | 4 or 5   |  |
| Maximum matches per day                           | 3  | 3  | 3  | 2  | 2                                      | 2                               | 2  |  |
| Maximum match days per week                       | 2  | 2  | 2  | 2  | 2                                      | 2                               | 2  |  |
| Goalkeeper  | No                                       | No   | No   | Optional                                   | Optional                               | Yes                             | Yes  |  |
| Maximum Goal posts dimension (without goalkeeper) | 1.82 x1.22m                              | 1.82x1.22m                                       | 1.82x1.22m                                   | 1.82x1.22m                                 | 1.82x1.22m                             | –                               | –  |  |
| Maximum Goal posts dimension (with goalkeeper)    | –  | –  | –  | 5x2m                                       | 5x2m                                   | 6x2m                            | 6x2m   |  |

# MATCH FORMAT (FUTSAL)

| Age Groups  | U6           | U7                  | U8              | U9                       | U10                      | U11                  | U12                  |
|---|--------------|---------------------|-----------------|--------------------------|--------------------------|----------------------|----------------------|
| Gender preference                                 | Mixed        | Mixed               | Mixed           | Mixed                    | Mixed                    | Mixed                | Mixed                |
| Age Criteria (born in)                            | 2015 or 2016 | 2014 or 2015        | 2013 or 2014    | 2012 or 2013             | 2011 or 2012             | 2010 or 2011         | 2009 or 2010         |
| Playing format                                    | 3v3<br>–     | 3 v 3<br>4 v 4<br>– | –<br>4 v 4<br>– | –<br>4 v 4<br>5 v 5 (GK) | –<br>4 v 4<br>5 v 5 (GK) | –<br>–<br>5 v 5 (GK) | –<br>–<br>5 v 5 (GK) |
| Match time  | 4x6 min      | 2x12 min            | 2x12 min        | 2x15 min                 | 2x15 min                 | 2x20 min             | 2x20 min             |
| Half time   | 2 min        | 4 min               | 4 min           | 5 min                    | 5 min                    | 7 min                | 7 min                |
| Futsal Ball size                                  | 3 or 4       | 3 or 4              | 3 or 4          | 3 or 4                   | 3 or 4                   | 3 or 4               | 3 or 4               |
| Maximum matches per day                           | 2            | 2                   | 2               | 2                        | 2                        | 2                    | 2                    |
| Maximum match days per week                       | 2            | 2                   | 2               | 2                        | 2                        | 2                    | 2                    |
| Goalkeeper  | No           | No                  | No              | Optional                 | Optional                 | Yes                  | Yes                  |
| Maximum Goal posts dimension (without goalkeeper) | 1.82 x1.22m  | 1.82 x1.22m         | 1.82 x1.22m     | 1.82 x1.22m              | 1.82 x1.22m              | –                    | –                    |
| Maximum Goal posts dimension (with goalkeeper)    | –            | –                   | –               | 3x2m                     | 3x2m                     | 3x2m                 | 3x2m                 |



## IT IS A FUTSAL GOLDEN BABY LEAGUE, IF:

- The surface is hard. Futsal can be played both indoor and outdoor on flat, smooth and non-abrasive surfaces. For Golden Baby Leagues, it can also be played on artificial turf.
- The ball is a heavier futsal ball. Size 3 is recommended but can also be played with a size 4 Futsal ball.
- The pitch has touchlines, not walls.
- Played according to the recommended Modified Laws of the Game of the Handbook.
- Played according to the age recommended Match Formats mentioned above.

## BENEFITS OF FUTSAL FOR KIDS:

- It facilitates ball control and accurate passing
- Suited for unfavourable weather conditions
- Develop Skills, Improve Decision Making
- Learn to Innovate on the Pitch
- Develop Different Game Strategies
- Gain More Flexible Movement
- Learn Different Tactics
- Play with the Emphasis on Freedom and Enjoyment



# INTRODUCTION TO BEACH SOCCER

As the name itself suggests, beach soccer is played on sandy surfaces. However, its practice is not limited to natural beaches. In numerous countries, beach soccer is played on artificially built pitches, even indoors.

Similar to other forms of small-sided football, beach soccer offers more possibilities for players to touch and play the ball as a result of the reduced size of the pitch and the smaller number of players. Moreover, beach soccer can offer an exciting alternative to vary the ordinary football activities of children. The soft and uneven playing surface makes it much more challenging to dribble, pass or shoot on goal, and players require good balance and coordination to perform any technical action, no matter whether with or without the ball. Hence, beach soccer has proven to be very beneficial for players' coordination skills as well as the reaction speed of the growing youngsters, as the trajectory of the ball is less predictable on sand. These abilities facilitate the future acquisition of technical skills, in whatever form of football.

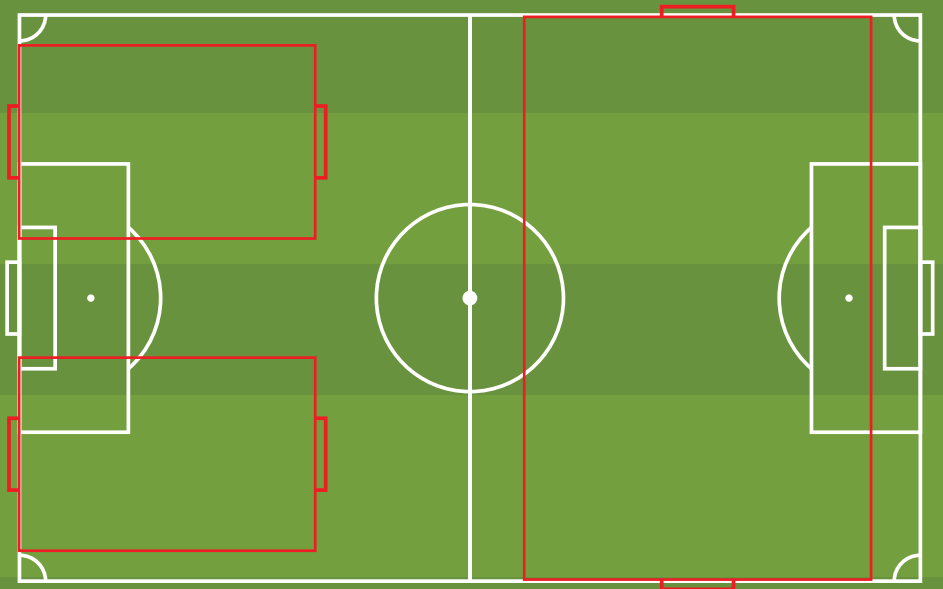
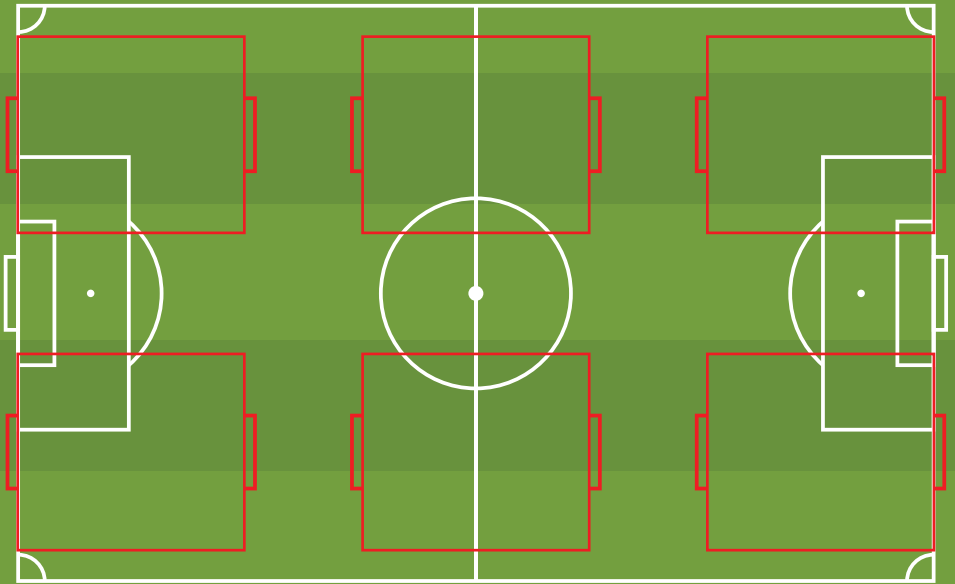
At the same time, kids appreciate the fact that it is less painful to fall on sand than on harder surfaces, and even if they are not used to it, they start to feel confident very quickly. In addition, very little equipment is needed to play beach soccer as, in accordance with the Laws of the Game, it is played barefoot. Furthermore, especially in a country like India with long coastlines and islands, beach soccer offers an attractive alternative as infrastructure requirements are minimal.

Both futsal and beach soccer can be considered to be complementary to football as they simply widen the range of choice. In circumstances where space or infrastructure is limited, weather conditions are not favourable, the two sports offer new opportunities for kids to play the game.



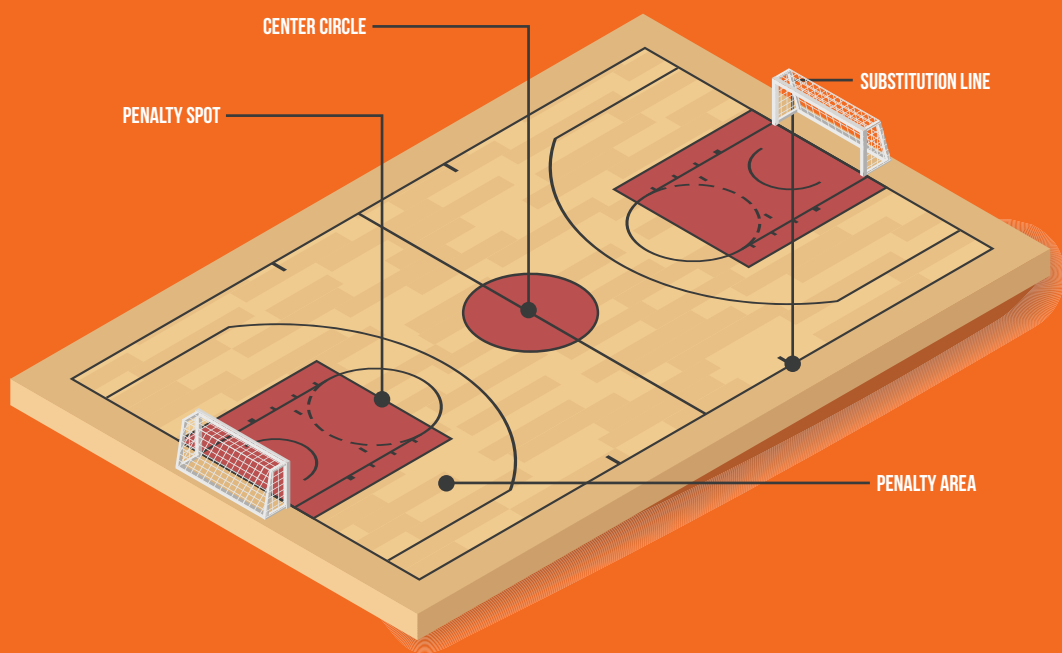
# VENUE ORGANIZATION ON MATCH DAYS

Examples of Pitch Organization



# ORGANISE FUTSAL ON A BASKETBALL COURT

For Golden Baby Leagues, a basketball court can be modified to play Futsal without any major changes to the markings.





# PITCH GUIDELINES

## Types of surfaces:



Natural  
Grass



Artificial  
Grass



Rubber Mat



Concrete  
Floor



Wooden  
Floor



• Mud • Sand  
• Gravel

- Venue should be safe and well maintained
- Should be an even playing surface
- We recommend softer playing surfaces over hard surfaces for children
- Goal posts must be properly secured so that they are safe and cannot be moved to prevent injuries to children
- Should have adequate drinking water available
- Should have designated toilets available
- Clear markings on the field of play
- Attractive for the kids with league related branding and promotion
- For matches in the evenings/nights, the lighting should be adequate.
- Recommendation: All referees should have a proper uniform kit and whistle
- Designated Spectator's Areas should be made using cones or ropes or any other barrier. No spectators (or parents) in the area reserved for children and team managers.



# MEDICAL ARRANGEMENTS

- An Emergency First-Aid kit should be kept at the venue
- A physio/doctor is recommended
- Make sure that the emergency telephone numbers, address and direction for ambulance, doctor on call and nearby hospital are at hand. This detail should be made available to the Team Managers before the start of the League. These numbers should also be displayed at the venue.
- Organise drinks breaks (encourage drinking water often in small quantities). Ideal quantity of water: 200 ml every 15-20 mins. Water should be made available for players and volunteers.
- Players should warm up before a match
- League Operator should be considerate of the prevailing weather conditions like heat, thunderstorm/lightning etc for the safety of everyone.



## **FIVE FOUNDATIONS FOR A SUCCESSFUL DAY OF FOOTBALL:**

### **THE FEELING OF SAFETY**

Protecting children from physical and emotional harm. A child who does not feel safe will find it difficult to be happy and enjoy the activities.

### **THE FEELING OF BEING WELCOME**

Feeling welcome whatever the child's age, gender, technical level, physique, culture or language. Football is an environment in which there must be no discrimination of any kind.

### **THE FEELING OF BEING A "GOOD PLAYER"**

Every child must feel capable. For this reason, children must always be encouraged, emphasising the good points rather than the bad.

### **THE FEELING OF FRIENDSHIP**

Developing and creating an environment of communication and friendship.

### **THE FEELING OF BEING IMPORTANT**

Children must be encouraged to be creative and expressive. The real winner is not only the player who wins the game, but also the player who plays with all his passion, dedication and his real potential.

# CODE OF CONDUCT



## THE CHILDREN'S CODE

- Play for enjoyment and not simply to please parents or coaches.
- Feel safe and happy
- Enjoy football, develop and flourish through football.
- Learn and respect the rules of the game and the rules of the group.
- Fit in to the group and be a good team-mate.
- Respect opponents.
- Accept the decisions of the referees and your coach-educators.
- Ensure fair play in all circumstances and be gracious in defeat
- Greet the opposition after the match
- Talk and be listened to, especially if I have concerns or do not feel safe.
- Know where to go for help or who to talk to if I am scared or worried about something.
- Be looked after, if there is an accident or injury.





### **THE GUARDIANS' CODE (Coaches, Parents, Volunteers and All Adults Involved):**

- Serve as a role model. Remember that children learn from examples.
- Remember that children play football for their own enjoyment, not for that of adults.
- Encourage rather than force or oblige. Praise effort and participation and not results.
- Encourage children to always respect the Laws of the Game.
- Never reprimand a child for a technical error or for losing a match.
- Be aware of any illness or injury of the players concerned
- Encourage both teams. Do not place emphasis on results.
- Congratulate both teams, irrespective of the result of the match.
- Help to eradicate all physical and verbal abuse from football. Provide a physically and emotionally safe environment for the children.
- Respect the decisions of the coach-educators and referees and teach the children to do the same thing.
- Support, encourage and help volunteers, coach-educators, organisers and officials in their work. Without them, the children would not have the opportunity to play football. The parents and spectators should not criticise or discourage them.

## THE REFEREES' CODE

- Be aware that refereeing a match for children is completely different from refereeing a match for adults.
- Protect the children.
- Put the emphasis on the spirit of the game rather than on errors.
- Do not intervene excessively in a match.
- Allow the children to play.
- Explain any infringements of the Laws of the Game committed by the children.
- If a player makes a mistake in restarting play, get the same player to repeat the action while explaining his/her error.
- Do not tolerate inappropriate language.
- Remain consistent, objective and polite when indicating infringements of the Laws of the Game.
- Have an explanatory attitude to refereeing; clarify all infringements.
- Maintain a positive and cheerful manner.
- Ensure fair play in all circumstances.
- Ask the children to greet each other before and after the match.



# DISTRICT/CITY CHAMPIONSHIP

- Every district/city which conducts 5 or more Golden Baby Leagues would be eligible for a District/City Championship playoff round.
- The best players from each Golden Baby League would be chosen by the League Operator and will represent the respective Golden Baby League team.
- The City Championship will be played in U8, U10 and U12 age categories. This will also provide opportunities for scouts of Academies and Clubs to recruit players for the next season.
- The Winners in each age category would be proclaimed **City Champions!**





# LEAGUE OPERATOR RANKING

The League Operators will be ranked and recognised according to their performance on the following parameters, within each category of 1 Star, 2 Stars and 3 Stars Golden Baby Leagues. More information on Appendix A

- Total number of matches played across all age groups
- Ratio of participation of younger players
- Participation of girls.
- Number of registered E Certificate Coaches
- Venue Assessment by an AIFF representative
- Use of Social Media



# STANDARDS OF PLAY - FOOTBALL

# MODIFIED FOOTBALL LAWS OF THE GAME: 3V3

## Law 1: The Field of Play

The field of play shall be rectangular.

Width: 10-12 metres

Length: 15-20 metres

Goalposts: Maximum 1.82 metres width and 1.22 metres height

The ball size can be 3 or 4

Minimum team size: 4 players (3 outfield players + 1 substitutes)

Maximum team size: 5 players (3 outfield players + 2 substitutes)

Goalkeepers: No

Substitution: Substitution is unlimited and can occur at any time.

Gender: Boys/Girls/Mixed

## Law 2: The Ball

## Law 3: The Players

## Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours

## Law 5: The Referee

A Game Observer may be used to keep the playing environment fun, safe and focused on the children. Other responsibilities include keeping the time, observe rules, start, stop and restart play, keep scores and note the most valuable player from both teams.

Not required

## Law 6: The Other Match Officials

## Law 7: The Duration of the Match

Match time: 4 quarters of 6 minutes each.

Break time: 2 minutes

## Law 8: The start and restart of play

Opponents must be at least 2 yards away from the centre mark.

## Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball can be kicked inside the pitch.

## Law 10: Determining the outcome of a match

A goal is scored when the ball completely passes over the goal line, inside the goalposts

## Law 11: Offside

No offside

## Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. However, we should be considerate of not stopping the play too many times. As much as possible, let the children play.

## Law 13: Free kicks

All free kicks are direct. Opponents must be at least 2 yards away.

## Law 14: The Penalty Kick

A penalty is awarded if the referee/game official considers that a serious foul has been committed inside the penalty area.

## Law 15: The Throw-in Kick-in

Ball can be kicked inside the pitch to restart play. All kick-ins are indirect i.e. goals cannot be scored from a kick-in

## Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area.

In some cases, goal area and penalty area may mean the same.

## Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team

# MODIFIED FOOTBALL LAWS OF THE GAME: 4V4

## Law 1: The Field of Play

The field of play shall be rectangular.

Width: 12-15 metres

Length: 20-25 metres

Goalposts: Maximum 1.82 metres width and 1.22 metres height

## Law 2: The Ball

The ball size can be 3 or 4

## Law 3: The Players

Minimum team size: 6 players (4 outfield players + 2 substitutes)

Maximum team size: 7 players (4 outfield players + 3 substitutes)

Goalkeepers: No

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

## Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours

## Law 5: The Referee

A Game Observer may be used to keep the playing environment fun, safe and

focused on the children. Other responsibilities include keeping the time, observe rules, start, stop and restart play, keep scores and note the 'Most valuable player' from both teams.

## Law 6: The Other Match Officials

Not required

## Law 7: The Duration of the Match

Match time: 2 halves of 12 minutes each.

Break time: 4 minutes

## Law 8: The start and restart of play

Opponents must be at least 3 yards away from the centre mark.

## Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball can be kicked inside the pitch.

## Law 10: Determining the

A goal is scored when the ball completely passes over the goal line, outcome of a match inside the goalposts

## Law 11: Offside

No offside

## Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. However, we should be considerate of not stopping the play too many times. As much as possible, let the children play.

## Law 13: Free kicks

All free kicks are direct. Opponents must be at least 3 yards away.

## Law 14: The Penalty Kick

A penalty is awarded if the referee/game official considers that a serious foul has been committed inside the penalty area.

## Law 15: The Throw-in Kick-in

Ball can be kicked inside the pitch to restart play. All kick-ins are indirect i.e. goals cannot be scored from a kick-in

## Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area.

In some cases, goal area and penalty area may mean the same.

## Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team

# MODIFIED FOOTBALL LAWS OF THE GAME: 5V5

|                                      |  |
|--------------------------------------|--|
| Law 1: The Field of Play             | The field of play shall be rectangular.<br>Width: 20-25 metres<br>Length: 30-35 metres<br>Goalposts: Maximum 1.82 metres width and 1.22 metres height<br>The ball size can be 3 or 4 for Under 7 and 8.<br>Ball size must be 4 for Under 9 and 10.   |
| Law 2: The Ball                      | Minimum team size: 7 players (5 outfield players + 2 substitutes)<br>Maximum team size: 8 players (5 outfield players + 3 substitutes)<br>Goalkeepers: No<br>Substitution: Substitution is unlimited and can occur at any stoppage.<br>Gender: Boys/Girls/Mixed  |
| Law 3: The Players                   | Any sport shoes and shin guards mandatory.<br>Team kit should be like colours. Alternatively, like colour bibs can also be used.<br>Opposite team should wear different colours  |
| Law 4: The Players' Equipment        | For Under 7 and 8: A Game Observer may be used to keep the playing environment fun, safe and focused on the children. Other responsibilities include keeping the time, observe rules, start, stop and restart play, keep scores and note the most valuable player from both teams.<br>For Under 9 and 10: Referees can enforce the Laws of the Game        |
| Law 5: The Referee                   | Not required   |
| Law 6: The Other Match Officials     | For Under 7 and 8:<br>Match time: 2 halves of 12 minutes each.<br>Break time: 4 minutes  |
| Law 7: The Duration of the Match     | For Under 9 and 10:<br>Match time: 2 halves of 20 minutes each.<br>Break time: 7 minutes   |
| Law 8: The start and restart of play | Opponents must be at least 4 yards away from the centre mark.  |
| Law 9: Ball in and out of play       | Out: Ball must completely cross line to be out of play<br>In: Ball can be kicked inside the pitch.   |
| Law 10: Determining the              | A goal is scored when the ball completely passes over the goal line, outcome of a match inside the goalposts   |
| Law 11: Offside                      | No offside   |
| Law 12: Fouls and Misconduct         | Under 7 and 8: IFAB/FIFA rules apply. However, we should be considerate of not stopping the play too many times. As much as possible, let the children play<br>Under 9 and 10: IFAB/FIFA rules apply. Yellow and red cards are introduced.<br>Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes. |
| Law 13: Free kicks                   | All free kicks are direct.   |
| Law 14: The Penalty Kick             | A penalty is awarded if the referee/game official considers that a serious foul has been committed inside the penalty area.  |
| Law 15: The Throw-in Kick-in         | Ball can be kicked inside the pitch to restart play. All kick-ins are indirect i.e. goals cannot be scored from a kick-in  |
| Law 16: The Goal Kick                | If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.<br>Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same.  |
| Law 17: The Corner Kick              | If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team  |





# MODIFIED FOOTBALL LAWS OF THE GAME: 6V6

## Law 1: The Field of Play

The field of play shall be rectangular.

Width: 25-30 metres

Length: 35-40 metres

Goalposts: Maximum 1.82 metres width and 1.22 metres height

Ball size must be 4

## Law 2: The Ball

## Law 3: The Players

Minimum team size: 9 players (6 outfield players + 3 substitutes)

Maximum team size: 10 players (6 outfield players + 4 substitutes)

Goalkeepers: No

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

## Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used. Opposite team should wear different colours

## Law 5: The Referee

## Law 6: The Other Match Officials

## Law 7: The Duration of the Match

Referees can enforce the Laws of the Game

Not required

Match time: 2 halves of 20 minutes each.

Break time: 7 minutes

## Law 8: The start and restart of play

Opponents must be at least 5 yards away from the centre mark.

## Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball can be kicked inside the pitch.

## Law 10: Determining the

A goal is scored when the ball completely passes over the goal line, outcome of a match inside the goalposts

## Law 11: Offside

No offside

## Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. However, we should be considerate of not stopping the play too many times. As much as possible, let the children play. Yellow and red cards are introduced.

Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

## Law 13: Free kicks

All free kicks are direct.

## Law 14: The Penalty Kick

A penalty is awarded if the referee/game official considers that a serious foul has been committed inside the penalty area.

## Law 15: The Throw-in Kick-in

Ball can be kicked inside the pitch to restart play. All kick-ins are indirect i.e. goals cannot be scored from a kick-in

## Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same.

## Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team

# MODIFIED FOOTBALL LAWS OF THE GAME: 7V7 (GK)

## Law 1: The Field of Play

The field of play shall be rectangular.

Width: 30-35 metres

Length: 45-50 metres

Goalposts:

Under 9 and 10: Maximum 5 metres width and 2 metres height

Under 11 and 12: Maximum 6 metres width and 2 metres height

Under 9 and 10: Ball size must be 4

Under 11 and 12: Ball size can be 4 or 5

## Law 2: The Ball

## Law 3: The Players

Minimum team size: 10 players (6 outfield players + goalkeeper + 3 substitutes)

Maximum team size: 11 players (6 outfield players + goalkeeper + 4 substitutes)

Goalkeepers: Yes

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

## Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours.

For goalkeepers, gloves are recommended but not compulsory

## Law 5: The Referee

Under 9 and 10: Referees can enforce the Laws of the Game

Under 11 and 12: Referees should enforce the Laws of the Game

## Law 6: The Other Match Officials

Other match officials are optional. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

## Law 7: The Duration of the Match

Under 9 and 10:

Match time: 2 halves of 20 minutes each.

Break time: 7 minutes

Under 11 and 12:

Match time: 2 halves of 25 minutes each.

Break time: 8 minutes

## Law 8: The start and restart of play

## Law 9: Ball in and out of play

Opponents must be at least 6 yards away from the centre mark

Out: Ball must completely cross line to be out of play

In: Ball must be thrown inside the pitch

## Law 10: Determining the outcome of a match

A goal is scored when the ball completely passes over the goal line inside the goalposts

## Law 11: Offside

Offside is optional

## Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

## Law 13: Free kicks

Under 9 and 10: All free kicks are direct

Under 11 and 12: Indirect free kicks to be introduced.

## Law 14: The Penalty Kick

A penalty is awarded if the referee considers that a serious foul has been committed inside the penalty area

## Law 15: The Throw-in

Ball must be thrown inside the pitch to restart play. Goals cannot be scored by a direct throw in

## Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same

## Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team

# MODIFIED FOOTBALL LAWS OF THE GAME: 8V8 (GK)

## Law 1: The Field of Play

The field of play shall be rectangular.

Width: 35-45 metres

Length: 50-60 metres

Goalposts: Maximum 6 metres width and 2 metres height

Ball size can be 4 or 5

## Law 2: The Ball

## Law 3: The Players

Minimum team size: 11 players (7 outfield players + goalkeeper + 3 substitutes)

Maximum team size: 12 players (7 outfield players + goalkeeper + 4 substitutes)

Goalkeepers: Yes

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

## Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours.

For goalkeepers, gloves are recommended but not compulsory

Referees should enforce the Laws of the Game

## Law 5: The Referee

## Law 6: The Other Match Officials

Other match officials are optional

## Law 7: The Duration of the Match

Match time: 2 halves of 25 minutes each.

Break time: 8 minutes

## Law 8: The start and restart of play

Opponents must be at least 7 yards away from the centre mark.

## Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball must be thrown inside the pitch.

## Law 10: Determining the outcome of a match

A goal is scored when the ball completely passes over the goal line, inside the goalposts

## Law 11: Offside

Offside rules apply

## Law 12: Fouls and Misconduct

IFAB/FIFA rules apply. Yellow and red cards are introduced. Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

## Law 13: Free kicks

IFAB/FIFA rules apply. Free kicks can be direct or indirect.

## Law 14: The Penalty Kick

A penalty is awarded if the referee considers that a serious foul has been committed inside the penalty area.

## Law 15: The Throw-in

Ball must be thrown inside the pitch to restart play. Goals cannot be scored by a direct throw in.

## Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same.

## Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team

# MODIFIED FOOTBALL LAWS OF THE GAME: 9V9 (GK)

## Law 1: The Field of Play

The field of play shall be rectangular.

Width: 45-50 metres

Length: 60-67 metres

Goalposts: Maximum 6 metres width and 2 metres height

Ball size can be 4 or 5

Minimum team size: 13 players (8 outfield players + goalkeeper + 4 substitutes)

Maximum team size: 14 players (8 outfield players + goalkeeper + 5 substitutes)

Goalkeepers: Yes

Substitution: Substitution is unlimited and can occur at any stoppage.

Gender: Boys/Girls/Mixed

## Law 2: The Ball

## Law 3: The Players

## Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used. Opposite team should wear different colours.

For goalkeepers, gloves are recommended but not compulsory

Referees should enforce the Laws of the Game

Other match officials are optional

## Law 5: The Referee

## Law 6: The Other Match Officials

## Law 7: The Duration of the Match

Match time: 2 halves of 25 minutes each.

Break time: 8 minutes

## Law 8: The start and restart of play

## Law 9: Ball in and out of play

Opponents must be at least 8 yards away from the centre mark.

Out: Ball must completely cross line to be out of play

In: Ball must be thrown inside the pitch.

## Law 10: Determining the outcome of a match

## Law 11: Offside

## Law 12: Fouls and Misconduct

A goal is scored when the ball completely passes over the goal line, inside the goalposts

Offside rules apply

IFAB/FIFA rules apply. Yellow and red cards are introduced.

Yellow card for caution. If player gets two yellow or a red card, he will be outside the game for 2 minutes.

## Law 13: Free kicks

## Law 14: The Penalty Kick

IFAB/FIFA rules apply. Free kicks can be direct or indirect.

A penalty is awarded if the referee considers that a serious foul has been committed inside the penalty area.

## Law 15: The Throw-in

Ball must be thrown inside the pitch to restart play. Goals cannot be scored by a direct throw in.

## Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area.

## Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team



# STANDARDS OF PLAY - FUTSAL

# MODIFIED FUTSAL LAWS OF THE GAME: 3V3

## Law 1: The Field of Play

The field of play shall be rectangular.

Width: 10-12 metres

Length: 15-20 metres

Goalposts: Maximum 1.82 metres width and 1.22 metres height

The ball size can be 3 or 4

## Law 2: The Ball

## Law 3: The Players

Minimum team size: 4 players (3 outfield players + 1 substitutes)

Maximum team size: 5 players (3 outfield players + 2 substitutes)

Goalkeepers: No

Substitution: Substitution is unlimited and can occur at any time.

Gender: Boys/Girls/Mixed

## Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours

## Law 5: The Referee

A Game Observer may be used to keep the playing environment fun, safe and focused on the children. Other responsibilities include keeping the time, observe rules, start, stop and restart play, keep scores and note the most valuable player from both teams.

## Law 6: The Other Match Officials

Not required

## Law 7: The Duration of the Match

Match time: 4 quarters of 6 minutes each.

Break time: 2 minutes

No extra time

Running Clock: Time does not stop when ball is out of play

Opponents must be at least 2 yards away from the centre mark.

## Law 8: The start and restart of play

## Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball can be kicked inside the pitch.

## Law 10: Determining the outcome of a match

A goal is scored when the ball completely passes over the goal line,

## Law 11: Offside

inside the goalposts

## Law 12: Fouls and Misconduct

No offside

## Law 13: Free kicks

FIFA rules apply. However, we should be considerate of not stopping the play too many times. As much as possible, let the children play.

## Law 14: The Penalty Kick

All free kicks are direct. Opponents must be at least 2 yards away.

Slide tackles are not permitted.

## Law 15: The Kick-in

A penalty is awarded if the referee/game official considers that a serious foul has been committed inside the penalty area.

## Law 16: The Goal Kick

Ball can be kicked inside the pitch to restart play. All kick-ins are indirect

i.e. goals cannot be scored from a kick-in

## Law 17: The Corner Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team. Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same.

If the defending team touches the ball last before it crosses the goal line,

a corner kick is awarded to the attacking team.

# MODIFIED FUTSAL LAWS OF THE GAME: 4V4

## Law 1: The Field of Play

The field of play shall be rectangular.

Width: 12-15 metres

Length: 20-25 metres

Goalposts: Maximum 1.82 metres width and 1.22 metres height

It must be a Futsal Ball and can be size 3 or 4. Size 3 is recommended.

## Law 2: The Ball

## Law 3: The Players

Minimum team size: 6 players (4 outfield players + 2 substitutes)

Maximum team size: 7 players (4 outfield players + 3 substitutes)

Goalkeepers: No

Substitution: Substitution is unlimited and can occur at any time.

Gender: Boys/Girls/Mixed

## Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours

## Law 5: The Referee

A Game Observer may be used to keep the playing environment fun, safe and focused on the children. Other responsibilities include keeping the time, observe rules, start, stop and restart play, keep scores and note the 'Most valuable player' from both teams.

## Law 6: The Other Match Officials

Not required

## Law 7: The Duration of the Match

**Under 7 and Under 8:**

Match time: 2 halves of 12 minutes each.

Break time: 4 minutes

**Under 9 and Under 10:**

Match time: 2 halves of 15 minutes each.

Break time: 5 minutes

No extra time

Running Clock: Time does not stop when ball is out of play

Opponents must be at least 3 yards away from the centre mark.

## Law 8: The start and restart of play

## Law 9: Ball in and out of play

Out: Ball must completely cross line to be out of play

In: Ball can be kicked inside the pitch.

## Law 10: Determining the

## outcome of a match

A goal is scored when the ball completely passes over the goal line, inside the goalposts

## Law 11: Offside

No offside

## Law 12: Fouls and Misconduct

FIFA rules apply. However, we should be considerate of not stopping the play too many times. As much as possible, let the children play.

## Law 13: Free kicks

All free kicks are direct. Opponents must be at least 3 yards away.

Slide tackles are not permitted.

## Law 14: The Penalty Kick

A penalty is awarded if the referee/game official considers that a serious foul has been committed inside the penalty area.

## Law 15: The Throw-in Kick-in

Ball can be kicked inside the pitch to restart play. All kick-ins are indirect i.e. goals cannot be scored from a kick-in

## Law 16: The Goal Kick

If the attacking team last touches the ball before it crosses the goal line, a goal kick is awarded to the defending team.

Goal kick can be taken from anywhere within the goal area. In some cases, goal area and penalty area may mean the same.

## Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team.





## MODIFIED FUTSAL LAWS OF THE GAME: 5V5 (GK)

### Law 1: The Field of Play

The field of play shall be rectangular. Basketball court size is ideal.

Width: Maximum 15 metres

Length: Maximum 30 metres

Goalposts: Maximum 3 metres width and 2 metres height

### Law 2: The Ball

**It must be a Futsal Ball** and can be size 3 or 4. Size 3 is recommended.

### Law 3: The Players

Minimum team size: 8 players (4 outfield players + goalkeeper + 3 substitutes)

Maximum team size: 9 players (4 outfield players + goalkeeper + 4 substitutes)

Substitution: Substitution is unlimited and can occur at any time.

Gender: Boys/Girls/Mixed

### Law 4: The Players' Equipment

Any sport shoes and shin guards mandatory.

Team kit should be like colours. Alternatively, like colour bibs can also be used.

Opposite team should wear different colours

### Law 5: The Referee

**Referees can enforce the Laws of the Game**

### Law 6: The Other Match Officials

Other match officials are optional.

### Law 7: The Duration of the Match

**Match time: 2 halves of 20 minutes each**

**Break time: 7 minutes**

**No extra time**

### Law 8: The start and restart of play

**Running Clock: Time does not stop when ball is out of play**

### Law 9: Ball in and out of play

Opponent must be at least 5 m away from the centre mark.

**Out:** Ball must completely cross line to be out of play

**In:** Ball can be kicked inside the pitch.

### Law 10: Determining the

A goal is scored when the ball completely passes over the goal line, inside the goalposts

### Law 11: Offside

No offside

### Law 12: Fouls and Misconduct

Fouls are penalised with a direct free kick, penalty kick or indirect free kick.

Misconduct is penalised with a caution or a sending-off

### Law 13: Free kicks

FIFA rules apply. Free kicks are either direct or indirect.

Slide tackles are not permitted in futsal; the only time players are permitted to slide is to keep the ball in play.

### Law 14: The Penalty Kick

A penalty kick is awarded against a team that commits any fouls for which a



direct free kick is awarded (as instructed in the rule book of FIFA), inside its own penalty area and while the ball is in play. Players other than the kick taker must stay 5m away from the spot

Each team will be allowed to give away five direct free kicks in each half time. On the sixth foul and thereafter, a 10m penalty kick is awarded to the opposing team. The defending team is not allowed to position any players (other than the goalkeeper) between the ball and the goal. The kick may be taken from the 10m mark or, if the foul was committed closer to the goal than 10m, from the position where the foul took place.

Law 15: The Kick-in

A kick-in is awarded to the opponents of the player who last touches the ball when the whole of the ball crosses the touch line, either on the ground or in the air, or touches the ceiling of the hall.

Law 16: The Goal Clearance

If the attacking team touches the ball last before it crosses the goal line, a goal clearance is awarded to the defending team. The ball is thrown from any point inside the penalty area by the goalkeeper of the defending team and within four seconds of being ready to do so.

Law 17: The Corner Kick

If the defending team touches the ball last before it crosses the goal line, a corner kick is awarded to the attacking team it must be taken from the corner arc and the opponent must remain 5m away from the corner arc till the kick is taken.

# APPENDIX A

## LEAGUE WEIGHTAGE POINTS AND COMPARISON

Following are the weightages and examples of how the Leagues would be compared and ranked

|   | Weightage | League A | Points      | League B | Points      | League C | Points      |
|---|-----------|----------|-------------|----------|-------------|----------|-------------|
| Total matches                                 | x1.5      | 336      | 504         | 168      | 252         | 324      | 486         |
| Number of U6 Players                          | x1.5      | 0        | 0           | 0        | 0           | 68       | 102         |
| Number of U7 Players                          | x1.5      | 0        | 0           | 0        | 0           | 0        | 0           |
| Number of U8 Players                          | x1.5      | 48       | 72          | 68       | 102         | 82       | 123         |
| Number of U9 Players                          | x1.25     | 64       | 80          | 0        | 0           | 0        | 0           |
| Number of U10 Players                         | x1.25     | 80       | 100         | 100      | 125         | 112      | 140         |
| Number of U11 Players                         | x1.0      | 0        | 0           | 0        | 0           | 0        | 0           |
| Number of U12 Players                         | x1.0      | 0        | 0           | 157      | 157         | 0        | 0           |
| Number of Girls                               | x2.0      | 11       | 22          | 25       | 50          | 38       | 76          |
| Registered E Certificate Coaches <sup>1</sup> | x5.0      | 10       | 50          | 5        | 25          | 20       | 100         |
| Venue Assessment <sup>2</sup>                 | x5.0      | 86       | 430         | 96       | 480         | 54       | 270         |
| Use of Social Media <sup>3</sup>              | x50.0     | Yes      | 50          | Yes      | 50          | No       | 0           |
| <b>Ratings</b>                                |           |          | <b>1308</b> |          | <b>1241</b> |          | <b>1297</b> |

1- Total number of Team Managers who are registered with their Coach Registration ID on the App

2- Assessment will be done by an AIFF representative

3- Use of "#goldenbabyleague" while putting relevant posts on Social Media.

# VENUE ASSESSMENT

| Topics                | Parameters   | Weightage  |
|-----------------------|--|------------|
| <b>Football Pitch</b> | Is the pitch size as per the Standards of Play? (Yes/No) If 'No', please give details.                                       | 4          |
|                       | Has the pitch been marked properly? (Yes/No) If 'No', please share comment.  | 3          |
|                       | Are the goalposts fixed properly on the ground? (Yes/No) If 'No', please share comment                                       | 2          |
|                       | Are the dimensions of goalposts as per the match guidelines 3? (Yes/No) If 'No', please share comment                        | 2          |
|                       | Rate how safe is it to play on the pitch?  | 5          |
|                       |  | <b>16</b>  |
| <b>Equipments</b>     | Rate if there is an appropriate number of balls being used for the matches?  | 2          |
|                       | Are the football sizes as per the match guidelines, if 'No', please share comment  | 3          |
|                       | The teams are wearing different jersey colours (or bibs, if the colours are same)  | 2          |
|                       | Are the players wearing full kit (shorts, jersey, shoes, shin guards, stockings), as per the law 4 of the standards of play? | 3          |
|                       |  | <b>10</b>  |
| <b>Environment</b>    | Is there a provision of shed, for the players, coaches, and referees? (especially in case of extreme weather conditions)     | 3          |
|                       | Are there any designated 'rest areas' for players, coaches, and referees?  | 3          |
|                       | Is there a provision of 'drinking water' on the field?   | 8          |
|                       |  | <b>14</b>  |
| <b>Medical</b>        | Is there provision of first-aid kit, near the football pitch?  | 6          |
|                       | Is there a presence of a physiotherapist/doctor during the matches?  | 6          |
|                       | Has the League Operator displayed the emergency contact details (ambulance, hospital, doctor) at the venue?                  | 2          |
|                       |  | <b>14</b>  |
| <b>Toilet</b>         | Is there a provision of toilets near the playing premises?   | 6          |
|                       | Are there separate toilets for males and females?  | 5          |
|                       | Are the toilets kept clean?  | 6          |
|                       | Is there 'running water' in the restrooms?   | 5          |
|                       |  | <b>22</b>  |
| <b>Referees</b>       | Are the appropriate number of referees appointed?  | 3          |
|                       | Are the referees in a proper kit?  | 3          |
|                       | Is refereeing being done in accordance with the prescribed standards of play?  | 3          |
|                       |  | <b>9</b>   |
| <b>Branding</b>       | Is any kind of branding being done at the venue?   | 3          |
|                       | Are AIFF and Golden Baby Leagues branding being used?  | 3          |
|                       |  | <b>6</b>   |
| <b>Miscellaneous</b>  | Is the league being organized and operated as per the match guidelines?  | 4          |
|                       | If girls are playing, are they being given adequate playing time?  | 5          |
|                       |  | <b>9</b>   |
|                       | <b>Total</b>   | <b>100</b> |



# IMPORTANT CONTACTS

## STATE ASSOCIATIONS

[www.the-aiff.com/state-associations](http://www.the-aiff.com/state-associations)

## ALL INDIA FOOTBALL FEDERATION

[babyleagues@the-aiff.com](mailto:babyleagues@the-aiff.com)